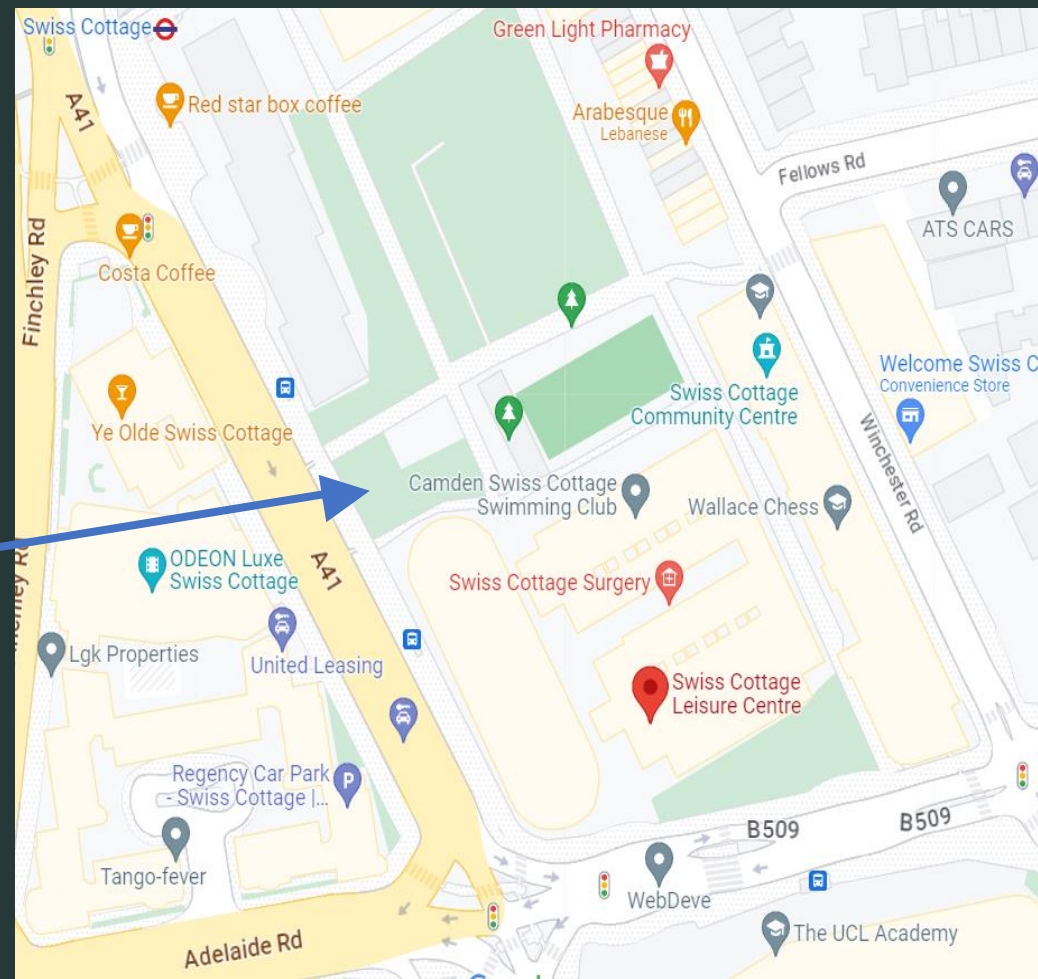


Swiss Cottage

Outdoor Gym

London, NW3 3NF

[Find location here](#)



Swiss Cottage Outdoor Gym



- Bench peddles
- Trampoline
- Parallel bars
- Multi use frame

Suggested exercise options:

The below graphics can be found on site and are bespoke to the equipment available at Swiss Cottage outdoor gym.

These options are designed to give users a starting point that covers all abilities with a whole- body approach.

For more information on physical activity, sports and leisure activities in Camden please visit:

📍 [Sports and leisure - Camden Council](#)

Swiss Cottage Outdoor Gym

Bespoke outdoor gym activation banners coming soon. Watch this space for updates.

The Sport and Physical Activity team

Swiss Cottage Outdoor Gym